

Watch, Wait, and Wonder® Intervention

Introductory Training

A Dyadic Infant-led Approach to Problems
in Infancy and Early Childhood

16-18th November 2022
with Dr Denise Guy
& Ms Seonaigh Stevens

This Intervention directly involves the infant in therapy. For half the session the parent is asked to get down on the floor with his/her infant, to observe the activities that their infant introduces, and to interact only when the infant indicates they want the parent to interact. During the second half of the session the parent is asked to talk about what they have observed about their infant's activity and then their infant and their own experiences during the session.

The primary idea is to place the parent in the position of becoming more knowing about their infant, eliciting their own unique way of relating and developing self reliance and confidence in their capacity to resolve difficulties in the relationship with their infant. The infant, too, can use play and activity to master difficulties in relation to the parent. Although some parents talk about their early relationships with their own parents, this is not necessary for the therapy to be effective.

Adapted from the research summary March, 1999; Watch, Wait, and Wonder – Testing the Effectiveness of a New Approach to Mother-Infant Intervention

This empirically tested approach is now applied to a range of infants and young children with relational, behavioural, regulatory and developmental difficulties.

It is recommended for clinicians who are working with infants, pre-schoolers and their families and who preferably [but not necessarily] have psychotherapy experience.

ACKNOWLEDGEMENTS

Pilot Study WWW Intervention: Muir E., Stupples A. and Guy D. [1986-1988] Presented WAIMH Congress, Lugano 1990

Evaluations comparing WWW Intervention and Psychodynamic Parent-Infant Psychotherapy: Before, After and at 6 Months Cohen N., Lojkasek M., Muir E., Muir R. and Parker C.J. [1999 and 2002]

Manual describing the WWW Intervention: Muir E., Lojkasek M. and Cohen N. [1999]

Goals of the Training

- To provide participants with a basic theoretical and technical foundation in the Watch, Wait, and Wonder® Intervention.
- Discuss how to create the therapeutic space for the WWW Intervention
- To view film of WWW Intervention case work and with the training group be introduced to the process of observing, reflecting on the dyad's experience and their own experience.
- Discuss how to explore the particular difficulties in the process of following the infant/child's and dyad's lead.
- To address supervision needs for those participants who wish to incorporate the WWW Intervention into their practice fulfilling the recommended standards for independent practice [Lojkasek, Cohen and Muir; 1999]

Participants will be asked to do some filming prior to the course. Participants will be provided with their own copy of the Watch, Wait, and Wonder Manual. Regular access to the Manual is required.



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Dr Denise Guy ONZM

Dr Denise Guy is a Child and Adolescent Psychiatrist with speciality expertise in Infant Mental Health. She was involved with the Pilot Study of WWW Intervention [1986-7] and has continued clinical use of the intervention since then. She is currently supervising its use in New Zealand and Australia and coordinates training in Australasia.

Seonaigh Stevens

Seonaigh Stevens is a Child Psychotherapist. She is currently employed as a Child and Adolescent Psychotherapist at Te Whare Marie, the Specialist Maori Mental Health Regional CAMHS, Capital, Coast and Hutt Valley, Te Whaitau Ora Health New Zealand and has a small private practice. Her clinical work includes using the WWW-Intervention with infants and older children and their families and, supervision of clinicians.

Registration Form

Name: _____

Position: _____

Work Address: _____

Phone: _____ Mob: _____

Email: _____

Dietary Requirements: _____

**Email this completed registration form to
jane@edresources.co.nz**

Cost: *NZ dollars GST excl.*

Three Day Training \$920.00

Total Fees: **\$920.00**

Plus GST \$138.00

Payment:

Internet Banking Preferred

Internet Banking Account: 38-9005-0654004-00

Account: Incredible Families

Specify Transaction: WWW Intro, Name and/
or Organisation

Mail to:

J Dunbier—General Administration

Incredible Families

PO Box 19259, Courtenay Place, Wellington 6149

Incredible Families Charitable Trust GST Number
93 693 523

Payment by invoice: An invoice will be issued on receipt of an official, authorized purchase order.

Final Registration

This course is limited to 14 participants and your application will be accepted on receipt of course fees.

General enquiries to Jane Dunbier:

jane@edresources.co.nz

Training to:

denise@watchwaitwonderdownunder.com or
denise.guy@xtra.co.nz

Cancellation Policy

An administration fee of \$50 NZ will be charged for all cancellations. For a refund, notice of cancellation must be received in writing on or before the 28th October 2022. We regret that a refund cannot be offered after the cancellation deadline. In the event that there are insufficient numbers confirmed by 20th October Incredible Families will either, run a shorter course for fewer participants or defer the course to a later date. If the latter a full refund of fees will be made.

Times and Location

The Training will take place at Naumi Hotels Conference venue 213-223 Cuba Street, Wellington. Morning and afternoon tea provided. The days will begin at 9.00am and end at 5pm. A map with directions will be mailed with your confirmation letter before the training begins

Accommodation:

You may like to book at the Conference venue

www.naumihotels.com/studiowellington/contact

ph: +64(4)913 1800

Watch, Wait and Wonder® Intervention Training in Australasia is provided by Incredible Families. This Charitable Trust also provides Incredible Years parenting programmes, the Incredible Years Autism programme and Incredible Beginnings for ECE practitioners.

Dr Denise Guy is a Trustee of the organisation.

Watch, Wait and Wonder intervention training

www.watchwaitwonderdownunder.com
www.watchwaitandwonder.com



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