



FAN

FACILITATING ATTUNED INTERACTIONS

A Tool for Building Relationships + Reflective Practice

*Facilitated by
the IMHAANZ FAN
Training Team*

Cost per person: TBA
(incl. GST)

2-DAY LEVEL I CORE TRAINING: available online or in person

dates + locations available on request

Bought to you by

IMHAANZ:
INFANT MENTAL HEALTH
ASSOCIATION AOTEAROA
NEW ZEALAND



ERIKSON INSTITUTE:
CHICAGO

**Erikson
Institute**

AND WITH THANKS TO THE DOVE TRUST FOR THEIR SUPPORT

Cost of training includes:

- attendance at two day Level I FAN Training,
- attendance of the designated supervisor for your group at Supervisor Training,
- monthly supervision for the supervisor over 5-6 months,
- attendance at a third day of online Zoom training to complete Level II.

NB: Minimum numbers are needed for this training to proceed; in the event these are not met the training dates may be moved to a later date.

For more information about FAN, visit:
www.imhaanz.org.nz/fan-training

WHAT IS THE FAN?

Erikson Institute *Fussy Baby Network's* Linda Gilkerson created the FAN (Facilitating Attuned Interactions) in 2005. The FAN:

- ✓ is a conceptual model and practical tool for building relationships + reflective practice
- ✓ was initially developed as an approach to work with parents of fussy babies
- ✓ is now used in programmes/systems in 19 American States + internationally to promote parent engagement, as well as collaboration between providers and parents
- ✓ is generalizable to the helping relationship in many settings
- ✓ has been used to train professionals working in home visiting, primary care, early intervention, child welfare, early childhood education, early childhood mental health, youth mentoring + supervision.

AND FAN TRAINING IN NEW ZEALAND?

Offered to practitioners working in a team/service with infants + young children and their families and whanau across a variety of settings and disciplines, AND their clinical supervisor(s).

Suitable for

- ✓ Well Child/Tamariki Ora providers
- ✓ NGO's providing home visiting programmes, such as Family Start
- ✓ Early Intervention programmes
- ✓ Perinatal and Infant Mental Health Services
- ✓ Early Childhood Education providers
- ✓ Child Protection practitioners.

HOW FAN TRAINING WORKS

Level I: 2 Day Core Training

For Practitioners

Initial training completed in teams with supervisor present

Covers:

- ✓ Theory of change
- ✓ FAN core processes
- ✓ ARC of Engagement
- ✓ application at work

For Supervisors

Initial training followed by an extra 2 hours for supervisors only

This covers how to conduct *FAN Review Sessions* with supervisees

Level II: Reflective Practice

takes place over 5-6 months after core training

For Practitioners

Monthly *FAN Review Session* with supervisor
FAN Reflection Tools completed for each review session

Periodic self-assessment of strengths + challenges using the FAN model in practice

For Supervisors

Monthly *FAN Mentoring Sessions* with one of the FAN Trainers (in person or via video call)

Supervisor FAN Reflection Tool completed for each supervisee and sent to mentor before sessions

Integration: Day 3 Training

For Practitioners

One final day of online Zoom training with supervisor present

For Supervisors

One final day of online Zoom training with supervisees present

WHAT PEOPLE SAY ABOUT FAN TRAINING

"The content of FAN training is very relevant to my practice and I can clearly see how effective it is in my professional and personal life. When I compare interactions that have gone well (or not so well) it is usually evident that I have used components of the FAN model of practice. I love how there is a component to this model that supports the wellbeing of practitioners, which is so important in our field of work."

- Georgina Leatitagaloa, Early Intervention Teacher, MINISTRY OF EDUCATION

"My coaching/supervising style has changed. I stop, take a step back, listen and ask questions. I don't lead. I stay in feelings more. I let them understand they can do it; they come up with solutions."

- Alison Paea, Practice Leader, Pacific Section, Family Start Contract Pakeha and Pacific, NAKU ENEI TAMARIKI HOME VISITING SERVICE

SIGN UP, REGISTER YOUR INTEREST OR MAKE AN ENQUIRY

Visit: www.imhaanz.org.nz/fan-training

Contact: fantraining@imhaanz.org.nz