

# Two Homes Ngā Kainga e Rua: Evaluations of the Introductory Workshop for Perinatal and Infant Mental Health Services

## Summary

A workshop on 'Two Homes Ngā Kainga e Rua' was offered on September 24th, 2024. The goal of this workshop was to introduce practitioners to the resource, so that they may include it in their future practice. A feedback survey was distributed to participants in order to evaluate the content and delivery of this training. 15 people attended the full workshop and filled out a feedback survey. Based on their responses, the workshop was extremely well received by all.

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*"Thank you both, your warmth and clinical expertise was so appreciated and the championing of pēpē!"*

- Workshop participant

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Participants found the workshop and all of its content highly relevant to their clinical practice. It was a successful introduction to the resource that left participants feeling confident in their ability to use it in the future. They were particularly positive about the scenario walkthroughs and case discussions and would like more of these in the future. Based on the participants' additional comments was also a clear appreciation for the face-to-face nature of the session; attendees enjoyed that they could engage directly with the presenters, and were grateful for the time they spent with them.

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*"Really great discussion and orientation to how to use this valuable resource."*

- Workshop participant

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## Success as an introduction to Two Homes Ngā Kainga e Rua

When asked about how well the workshop served as an introduction to the resource, and if they now had the confidence to make use of it, participants all answered positively, aside from one who did not give an answer to these questions. Participants found the workshop to be a useful and thorough introduction to this resource.

While several participants were not entirely confident in their ability to use the resource yet, stating that they would need some more time to review the material or would need to start with a low complexity case, they were still positive about their ability to use the resource in the future.

Did the workshop succeed in introducing you to the resource?	Responses
Yes	14/15
Left blank	1/15

Would you have the confidence in being alongside a parent and using the resource to support them in decision making about their care of their child?	Responses
Yes/Absolutely/Definitely	11/15
Mostly yes	1/15
Starting with a relatively low complexity scenario for the family, yes.	1/15
With some more review of the material and discussion of the team.	1/15
Left blank	1/15

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*"A practical and thorough resource. Great presenters - engaged audience well."*

- Workshop participant

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## Workshop Content

Participants were asked what they would have liked more and less of in the workshop. One participant stated they would have liked "less reading from the booklet," but all 14 others indicated there was nothing that they felt should be removed or less emphasised.

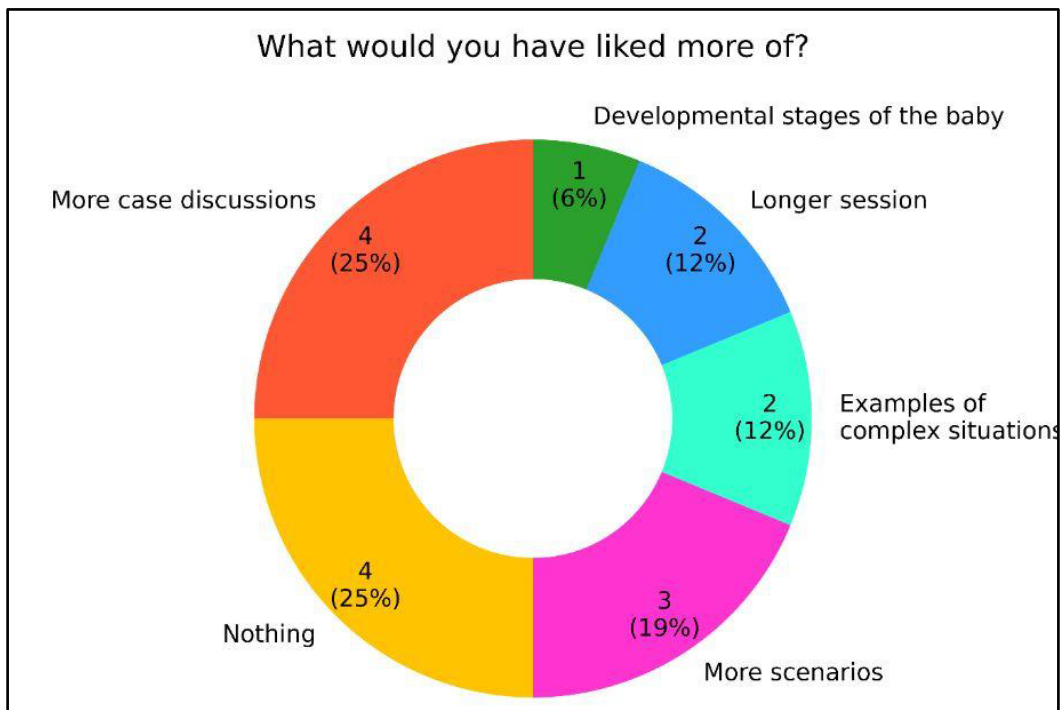
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*"Very helpful and informative. Loved how interactive it was."*

- Workshop participant

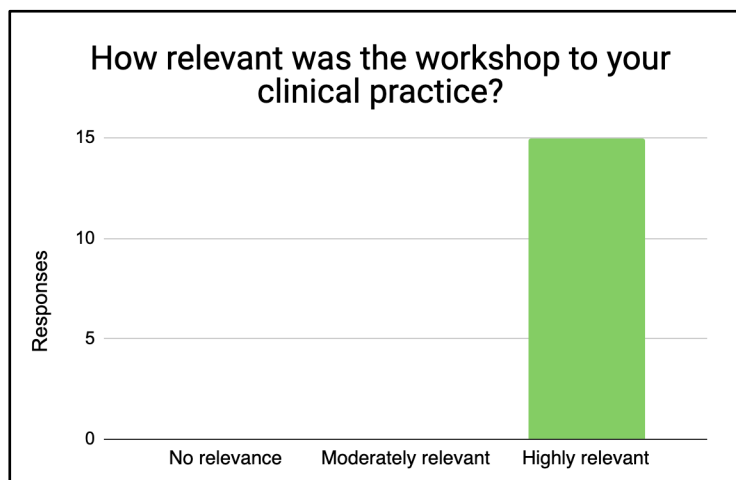
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Answers were much more varied on what participants would have liked 'more of'. Their answers are shown in the following graph:



## Relevance

When asked to rate how relevant the workshop was on a three-point scale, all participants said the workshop was 'Highly Relevant' to their clinical practice.



This was reflected in participants' comments as well, with many describing '*Two Homes Ngā Kainga e Rua*' as a valuable resource that they felt would be useful and greatly appreciated by clinicians and parents alike.

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*"Thank you! I think the ideal-general-complicated spectrum was a very helpful starting point and will be appreciated by parents."*

- Workshop participant

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